



INFORMATION FOR THE V O L U N T E E R S PREPARATION FOR GOING TO THE FARM

Thank you so much for registering for the Santa Fe Farmers' Market Volunteer Program. We are excited and appreciate your generous offer to help the farmers. Here is some important information for you to learn before working with the farmers in the field.

- The most important thing is your safety. You will travel some distance to get to the farm. Some of the farms are quite far or rough to get to. Please travel carefully. Also, at the farm, there might be some hazardous machinery, tools or pests that can cause injury. If you don't feel comfortable with something, please talk to the farmers.
- Your work can be a full day or just a few hours. Regardless of the length of time, please be responsible for your own health and safety. Take enough breaks and keep yourself well hydrated. If you have any health issues, please communicate with us ahead.
- The farmers are having regular, busy routines when you go. They will welcome you as a volunteer worker, not as a guest. Please be self-sufficient.

Things to bring (varies depending on the situation at the farm—please discuss with the farmers before you go):

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| - plenty of water | - lunch and snacks | - work gloves | - hat |
| - sunscreen | - insect repellent | - sturdy shoes | - long sleeve shirt |

- Some farmers are willing to pay for your gas. If they are, please get reimbursed for the ACTUAL FUEL COST for the travel, not tax-deductible travel mileage.
- The volunteer coordinator will assist both parties and monitor the process. If there is a problem or conflict you cannot resolve with the farmers, please inform us immediately.
- Please give us your feedback about your experience.
- If you enjoyed the experience, call the farmers and go back again. They will be happy to see you again!



THANK YOU FOR YOUR HELP!!!

Nao Sadewic (Volunteer Coordinator) • nao@santafefarmersmarket.com • 699-9032